



# University NEWS LETTER



# sbstimes

Vol XIII, ISSUE 11, May, 2025

## Editorial

We're excited to present the latest edition of the SBS Times, Sardar Bhagwan Singh University's official newsletter! We understand how important this publication is for keeping our vibrant community informed and connected.

The SBS Times is your primary source for a month's worth of activities and achievements across campus. More than just a record of events, it's a true celebration of the relentless pursuit of excellence that defines SBSU. Every activity, article, and announcement highlight the incredible hard work and dedication of our students, faculty, and staff, all contributing tirelessly to the university's vision and mission.

We're especially proud of the diverse contributions from various departments and individuals. Their stories of innovation, academic success, and community involvement truly demonstrate the dynamic spirit of SBSU. We're pleased to showcase the accomplishments of our "SBSians," knowing these achievements inspire and motivate our entire university community.

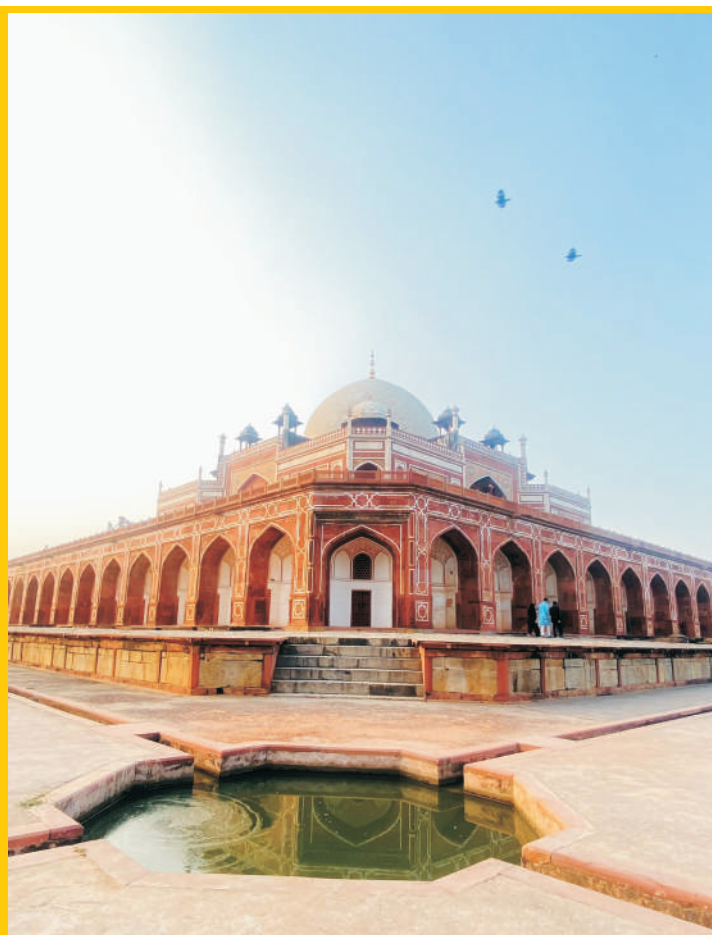
A big thank you to the management for their unwavering support and to everyone who contributed to this edition of the SBS Times. Your efforts ensure our newsletter remains a beacon of information and inspiration for all.

We hope you enjoy this issue and feel a sense of joy and pride reading about the remarkable efforts of your peers. Your feedback and suggestions are always welcome as we aim to improve each edition.

Thank you for your continued support! We look forward to sharing more exciting news and stories with you in the future.

**Happy Reading!**  
**Editorial Team**

## PHOTOGRAPH OF THE MONTH



Aditi Jha  
B.Pharmacy



## Physiotherapy Services

What does it take to keep champions moving strongly? Behind the exciting DCL action (April 18–27), our SBSU Physio team was the quiet force maintaining athletes' top condition!

Live

from Rajiv Gandhi International Cricket Stadium & Maharana Pratap Sports College, Raipur—while the spotlight was on Set Sports, our team worked behind the scenes to keep the players ready and injury-free.

Attended by Uttarakhand's Hon'ble Forest Minister, Mr. Subodh Uniyal, the event was a proud moment for everyone.

Cheers to our amazing physios—working hard where it matters most!



SBSU Physio Team proudly served at the **Asian Sub-Junior, Junior & University Cup Powerlifting Championship 2025**, held from May 5–12 at Hotel Hyatt Centric, Mussoorie Road. In collaboration with the Uttarakhand Powerlifting Association, student physiotherapists Anushka Vasudeva, Shruti Garg, Aniket Singroli, and Ashim Saikia provided on-site care, focusing on injury prevention, recovery, and peak performance support. Their contribution highlights SBSU's growing presence in sports physiotherapy and hands-on clinical excellence.



Smashing Success at the National Squash Championship! Our SBSU Physio team proudly supported 350+ athletes at the **National 3-Star Squash Championship** in Raipur from April 26–30, 2025. Kudos to Arushi Gilotra & Ashim Sai kia for delivering top-notch care! Grateful to the Department of Sports, Government of Uttarakhand, Uttarakhand Squash Rackets Association & Mr. Aman Vohra for the opportunity.



The SBSU Physio Team hits the field at the **District Hockey Tournament 2025**, Dehradun — May 2nd to 4th at Pavilion Ground! With skill and heart, student physios Shruti Garg Umang Uniyal support the region's rising stars because when passion meets performance, care becomes the game-changer. Here's to strong athletes, swift recoveries & the unstoppable spirit of sport!





## Physiotherapy Services

Proud moments for the SBSU Physio Team at the **District Boxing Championship 2025**, held from April 28 to May 1 at Aspire Sports Academy, Chanderbani, Dehradun. Kudos to student physiotherapists Anushka Vasudeva and Sunil Sambyal for providing ringside care, injury management, and rapid recovery support, ensuring athletes stayed at their fighting best. Because behind every champion is a strong corner, and SBSU stands there with skill, heart, and healing hands.



## Memorandum of Understanding (MoU)

SBSU has signed a landmark MoU with Shivansh Farming (Hans Foundation) to empower rural communities and enhance hands-on learning for Agriculture students.

Highlights of the MOU are: Field training & internships, Organic & climate-resilient farming exposure and Joint workshops & farmer outreach.

A big step toward sustainable agriculture and real-world learning at SBSU!



## Educational Tour

On 7th May 2025, the Department of Microbiology, School of Life Sciences, SBS University, organized an educational visit to the **Patanjali Organic Research Institute, Laksar**, for students of **Microbiology and Biotechnology**.

The students gained hands-on exposure to herbal formulation, packaging techniques, warehousing operations, and had the opportunity to tour the Quality Control and Phytochemical Constituent Extraction Lab. Highlights included live demonstrations of GC-MS, LC-MS, Flash Chromatography, and Spray Drying units.

SBS University extends heartfelt thanks to Dr. Sandeep Kumar and Mr. Gaurav, HR Manager, for facilitating this enriching and insightful experience



## Rotaract Club

SBSU, through its Rotaract Club, distributed uniforms to 137 students of its adopted schools in Balawala. A small step with a big impact!





## Guest Lecture on Pelvic Floor Rehabilitation

The Department of Physiotherapy, SBS University, organized a guest lecture on “Pelvic Floor Rehabilitation in Urinary Incontinence” for final-year MPT (female) students on 20th May 2025.

The session was led by Dr. Ginni Chaujar, HoD, Sehgal Neo Hospital, New Delhi, and a proud SBSU alumna (MPT 2008–2010). She shared valuable insights into the use of EMG biofeedback in pelvic floor therapy, emphasizing its importance in advancing women's health care.



## "Buzz for Earth" – A Sweet Success!

A 5-day journey of learning, beekeeping, and sustainability by B.Sc. (Hons.) Agriculture, 8th Sem, under ICAR's Experiential Learning Programme.

From interactive sessions at Mall of Dehradun to hands-on apiculture at Nepali Farm — our students felt the real buzz of green learning!



## Expert Lecture

The Department of Biochemistry & Biotechnology hosted an expert lecture on “Prioritizing Premium Quality and Nutritious Rice” by Dr. Saurabh Badoni on May 2, 2025.

Students, researchers, and faculty gained valuable insights into low glycemic index (GI) rice and its potential in promoting a healthier future. The session, graced by Hon'ble Vice-Chancellor Prof. J. Kumar, encouraged research-driven dialogue and innovation in agri-nutrition.



## Congratulations

### PLACEMENTS



BHASKAR RAWAT  
B. PHARMACY



HARENDRA SINGH  
B. PHARMACY



EKTA MUKHERJEE  
B. PHARMACY



AKANKSHA  
B. PHARMACY



ASHISH KUMAR KASHYAP  
B. PHARMACY



ADITI SAYANA  
M. PHARMACY



RAVI MAURYA  
M. PHARMACY



RIYA JUNEJA  
M.Sc. BIOTECHNOLOGY



DIVYA RAWAT  
M.Sc. PHARMACEUTICAL  
CHEMISTRY

**Rūsan**  
A TECHNOLOGY DRIVEN ENTERPRISE



## FACULTY ACHIEVEMENTS

- Nidhi, K., Kumari, R., Bhatt, M., Anand, S. (2025). Tibial Torsion after Meniscus Injury in Young Individuals. Journal of Emerging Technologies and Innovative Research, 15(5).
- Gupta, R., Kumar, D., Bhardwaj, K., Rana, D., Neelratan, P. P., & Sharma, S. K. (2025) Efficient Antimicrobial/Antifungal activity and photocatalytic degradation of mixed pollutants (CV, CR, and RhB) using Ag-doped CNT-ZnO hybrid nanocomposites. Inorganic Chemistry Communications, 179 (1): 114720.

## PUNARJANMA

The concept of "punarjanma" is devised from Vedic literature, explained in Darshanas and popularized by mythology, whereas its evidence is available in Ayurveda. In modern science, no one believes in the existence of the soul or the concept of rebirth. Still, a lot of research has been undergoing to think about whether any such entity exists after death or, even if it exists, how the transmigration of the soul occurs.

In Charaka Samhita, while discussing how Atma (Soul) transmigrates from one Sharira to another Sharira, the reason quoted for the transmigration of Atma is because of the Purva Janma Krta Karma. The Preaching of salvation itself provides evidence of rebirth. To believe in the theory of reincarnation, Acharyas said that the person must have faith in the shastras even when they have not perceived or experienced it.

I recently heard somewhere that the intensity, the pureness and the magical love of Radha Rani for her beloved Krishna are a thing that neither any universe nor any dictionary was able to describe it. It is believed that Shree Krishna took rebirth as Radha Rani to understand how deep Radha Rani loves him.

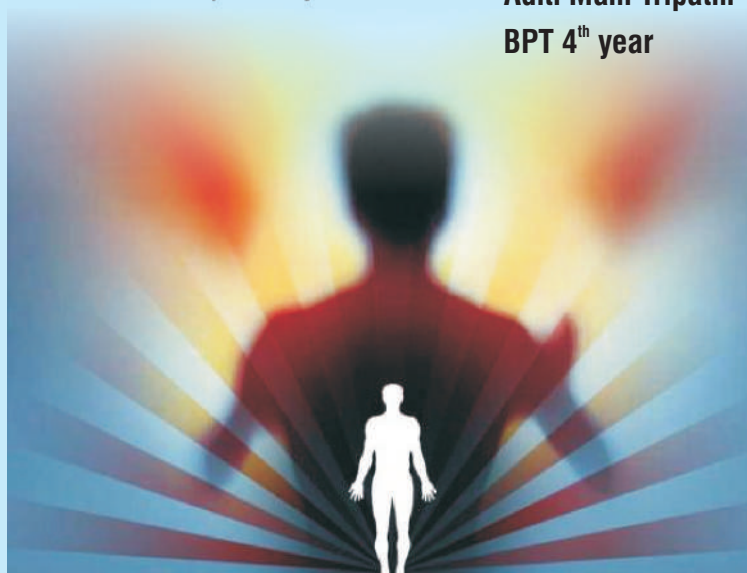
We all believe and go through the Ramayana and Mahabharat and all the "Vedas"; The Rig Veda says about death and the afterlife, as well as recurring death or 're-death' and rebirth in the Brahmanas. It then discusses the relation between karma and rebirth, heaven and hell in the Mahabharata, rebirth in the Puranas, and the major myths of death that characterize each of the great Hindu gods and goddesses such as Vishnu and Shiva. It also discusses the views of Hindus and non-Hindus about reincarnation.

In Bhagavad Gita Chapter 2 it is given that the soul changes its body just like we change our clothes. So rebirth is nothing but the change of clothes because the soul is eternal, immortal, and omnipresent according to Bhagavad Gita chapter 2. Soul never dies & the body always withers & dies.

The concept of Rebirths are may be just myths or may be actual things, we can't decide it on the basis of any statements of any other religious believers who stoutly and confidently keep trying to prove it right or any atheist who loudly and completely denying.

As a human, I am a religious Hindu I believe that Rebirth or reincarnation is true with all my beliefs but there is a lot more things arises with every second thought that may be Reincarnation is just a myth.

**Aditi Mani Tripathi**  
**BPT 4<sup>th</sup> year**



**Patrons:** Shri S.P. Singh, Chairman, Gaurav Bharti Shiksha Sansthan; Prof. Gaurav Deep Singh, President; Mr. Zorawar Singh, Manager.  
**Publisher:** Prof. (Dr.), J. Kumar, Vice-Chancellor  
**Advisors:** Dr. Luv Kush (Academic Advisor), Ms. Urmi Chaurasia (Controller of Examination)  
**Editorial Board:** **Chief Editor:** Dr. Deepanshu Rana;  
**Members:** Dr. Preeti Bhatt, Dr. Pooja Yadav, Dr. Alka Singh, Dr. Madhulika E Prasad  
**Student Editors:** **Student Secretary:** Riya Jukariya; **Members:** Robin Singh, Aditi Maheshwari,  
**E-mail:** sbpsgpublication@gmail.com/pcws.sbsu2018@gmail.com (**for Editorial Board**)  
**SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN-248161, UTTARAKHAND**  
**TEL:** 0135-2686246, **E-mail:** university.sbs@gmail.com, **website:** www.sbsuniversity.edu.in